

**FULLY FUNDED 3 DAY
PERSONAL DEVELOPMENT PROGRAMME**

ARE YOU UNEMPLOYED?
READY TO RETURN TO WORK OR
START YOUR OWN BUSINESS? THEN JOIN...
THRIVING WOMEN



EMPOWERMENT - CONFIDENCE - RESILIENCE

MORE INFO



17-19th March 2026

Phoenix House, Cleator Moor

A neurodivergent- and LGBTQ+ inclusive space

Delivered by Lakeland Wellbeing CIC with funding from Copeland Community Fund

www.lakelandwellbeing.co.uk - 07810 890528

